



Appointment Reminder Consent

Complete this form and sign below to give your permission for Sister W.E.L.L.S. to provide automatic appointment reminder service by email or by cell phone text message.

Step One: Select One Option Below

- Sister W.E.L.L.S. may send email messages to confirm my upcoming appointments to:

- Sister W.E.L.L.S. may send cell phone text messages to confirm my upcoming appointments.
I recognize that normal text messaging rates may apply.

I prefer to **NOT** receive any appointment reminders via text or email.

Step Two: If you would like text messages instead of email reminders, please indicate your Cell Phone Carrier.

We cannot set your account up to send email or text message reminders without knowing your cell phone carrier. Please indicate your carrier below, if you would like text message reminders:

- Alltel
- AT&T
- Boost Mobile
- Cingular
- Nextel
- Sprint
- T Mobile
- US Cellular
- Verizon
- Virgin Mobile
- Other: _____

Signature of Patient

Date

Therapist/Coach Signature

Date